Bulletin



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Making Waves In

Miami

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14

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Amalgam Separator Challenge

By Phil Smith

In 2003 the American Dental Association recommended the installation of amalgam separators / collectors as part of the Best Management Practice initiatives. Although the effort was passive, it was intended to encourage dentists to install these environment friendly devices. Dental offices currently have an amalgam removal efficiency of about 80%, but the addition of a separator increases scrap collection into the 99th percentile.





ADA / EPA

As you might expect, the compliance from dental offices was dismal, and currently few practices have installed this collector. Recently the Environmental Protection Agency initiated required compliance to reduce mercury levels from dental offices. The ADA intervened and was able to gain a moratorium that would allow for voluntary installation of amalgam separators in dental settings. This Memorandum of Understanding (MOU) between the ADA and the EPA gave dentistry three years to educate the membership and to voluntarily install separators.

Dr. Hal Fair was a participant in the ADA conference call that described the agreement worked out with the EPA. "The conversation dealt with the overall arrangement between the ADA and the federal regulators," Dr. Fair said. "I believe that if dentistry does not voluntarily comply, then we can expect harsh controls and increased expenses pertaining to mercury waste compliance." Considering the pending regulations the SCDA Board is advising all dental offices to install a collection device.

When choosing an amalgam separator device, an office must consider the volume of water use and the manufacturer's specifications. The volume of a multi-dentist practice may exceed the filtering capacity of the collector causing a lag in the suction system. Each amalgam separator requires some type of maintenance at the office, including removal of collected amalgam debris. It will also be likely that the collected sludge or canister will need to be picked up by an amalgam recycler service for disposal. There is some caution from manufacturers of separators that damage may occur to the unit from the use of chlorine based water and suction line cleansers.

Installation is relatively simple. Actually, Dr. Charles Maxwell installed his own amalgam scavenger in a couple of hours. The device fits ahead of the suction unit in the high volume waste line. Prices and brands vary from \$750.00 to \$5000.00. All of the dental suppliers in our state will be happy to sell and install the units.

The concern for dentistry will be if offices resist the installation of amalgam separators and the EPA establishes a requirement. Then a new cascade of regulations and inspections may be in our future. In the end, it is best for dentists to step up and install the separators.



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AGD And ADA Meet To Discuss Common Goals By Carter Brown

This year marks the 150th birthday for the American Dental Association. In 1858 twenty six men met in Niagara, New York to develop and establish the ADA. The ADA has more than 156,000 members and a 70% share of all US dentists are members. It truly is the "Big Tent" organization for oral health in the United States. It deals with issues from CDT codes and electronic records to EPA standards and CDC recommendations. It is composed of subgroups of dentists who are specialists in their fields. The actions of these groups and their input helps steer the big ship and keep it on course. However, there is no recognized specialty for General Dentistry and while a large portion of the ADA membership would be categorized as GPs, there is no sounding board group for the issues that are unique to the generalist.

The ADA President, Dr. John Findley, recently called for a "summit" between the leadership of the ADA and the Academy of General Dentistry. Like some of the specialties in dentistry, almost all of the AGD members are ADA members as well, and participate in all aspects of the ADA. The ADA House of Delegates has more than 30% AGD dentists as Delegates. Over the years, the AGD has often given support to the actions promoted by the ADA and worked to help with their implementation.

The summit was composed of four ADA Trustees or officers who were also AGD members and four AGD Trustees or officers who are ADA members. All have been active in both organizations. I was honored to be included in the eight representatives. ADA President Elect, Dr Ron Tankersley and AGD Treasurer, Dr. Jeff Cole were the leadership participants. The meeting was scheduled for one hour and there was purposely no agenda. It was clear from the moment we walked into the meeting room that everyone wanted this to be a positive encounter. We met much longer than the hour and the lack of agenda was a plus. Each topic lead to another and both sides became very energized by the vision and ideas from around the conference table.

It only makes sense that if the two largest dental organizations can understand each other's concerns and perspectives, then the possibilities for consensus and collaboration will increase. The two groups will never always totally agree, but with the vast majority of the Oral Health Care policy changes affecting the GP the most, having the opportunity to have input from both groups is critical.

The summit was so positive that the group decided to establish an e-mail list serve that would facilitate contact among the participants and to schedule future summits in February during the Chicago Mid-Winter Meeting. The open flow of ideas and information has been excellent and I hope that this will continue. There are those who would destroy the concept of comprehensive oral health care in exchange for questionable budgetary principles or self serving agendas at the expense of sound patient care. Only by working together can these two dental organizations identify the issues clearly and prevent unsound practices from becoming center stage political topics.

It is my hope that the ADA and the AGD can present strong voices in support of good oral healthcare in Washington and in Columbia.

(Dr. Brown is Past President of the SCDA and Trustee of Region 19 of the AGD)



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Editorial Comments

Comments appearing in this section are the renderings of the Editor or credited authors and do not necessarily reflect the opinions or policies of the SCDA. Letters are invited. Brevity is appreciated, and the Editor reserves the right to edit all communications. Letters may be emailed: philes48@aol.com, mailed to the SCDA office, or faxed to (803)359-3004.



Dr. Phil Smith, Editor

Master Calendar

June 4 SCDA Planning Retreat Social—Al's Upstairs, 6:30-

8 pm

June 5 SCDA Planning Retreat—

Columbia Conference Center, 8:30 am-4 pm

Center, 6.50 am 1 pr

June 19 SCDA Staff Planning Retreat

Please visit www.scda.org

for more events.

Dental Insurance, "Heard It Through the Grapevine, Not Much Longer Will You Be Mine....."

I graduated in that mid-class at MUSC in December of 1973. I moved to Lexington and associated with a grand mentor, Dr. Barney Austin. Barney was very active in organized dentistry and I appreciated the relationship and the perspective.

It was also the time when organized dentistry met at the Market Restaurant on Assembly Street. Greater Columbia and Central District met there with the same frequency as now. Small rooms and active interaction! One of the hot topics on the floor of these meetings was the debate about the introduction of dental insurance into South Carolina. I assume that other progressive and highly unionized states already had an abundance of benefits for dentistry, but not South Carolina.

I vividly recall a dentist standing up during a meeting where the chair was discussing dental insurance, and the impassioned doctor shook his fist and said, "Hell no, I will NEVER send an x-ray to an insurance company! They cannot diagnose like I can." Well, the entry of dental insurance into the patient population did occur in the middle of the 1970s. There was a conflict in my evaluation of the circumstances, because I believed that dentistry would benefit and patients would seek care. Both did occur. Insurance also assisted in the resolution of a "busyness" concern that troubled dental offices. Patient traffic had slowed down as the early economy had become stagnant, gas prices had risen and home interest rates had increased significantly. Sounds familiar?

In a recent article about the economy, there was a statement that suggested that dental insurance would become a casualty of expense control. The author indicated that dental insurance was an "add on" benefit to medical insurance and that it could be eliminated with minimal repercussions. Patients love it, actually many patients won't have work done if their insurance does not pay for a procedure.

Coincidentally, that next day at the office my first patient asked me about a replacement dental insurance policy. It seems his employer, a large utilities company in the Midlands, had notified the workforce that their dental coverage would be eliminated. Now that becomes another dilemma.

Many dentists have become accustomed to dental insurance. In my office I process patients' insurance and have an assistant dedicated to filing claims. Now I hope this is an isolated event, but if a trend occurs, then SCDA may be lobbying to "Save Dental Insurance"!

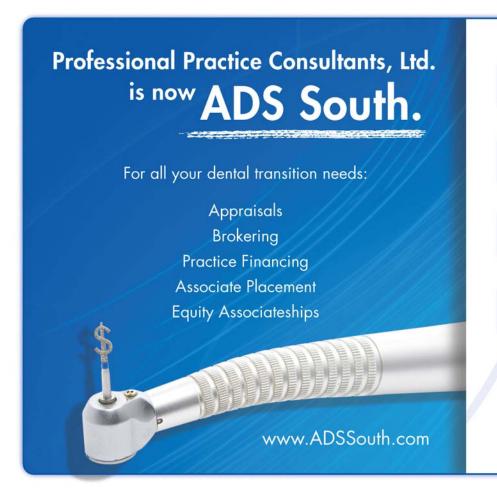
Till next time, Phil







Don't forget to volunteer for our inaugural Dental Access Days event August 27-29 in North Charleston!





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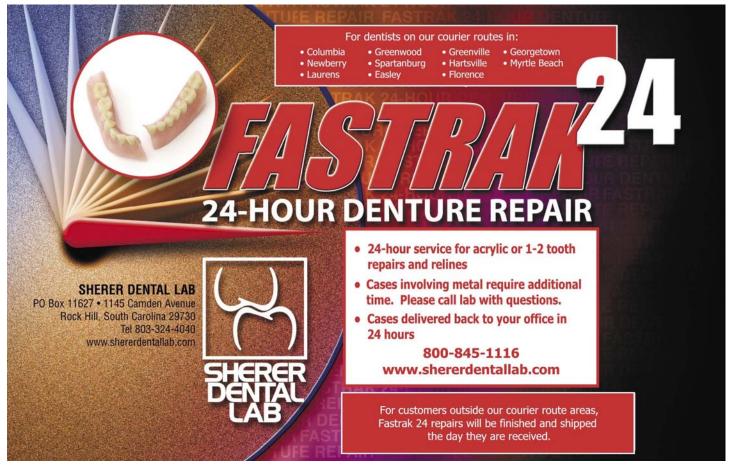
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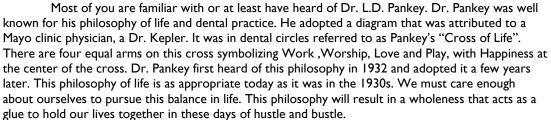
President's Message



In November 1869, The South Carolina Dental Association was founded by a handful of dentists that first met in a dental office in Columbia. Do you think they thought this organization would be active one hundred forty years later with nearly eighteen hundred members? I seriously doubt it! But they cared enough about their profession to organize and start this association. That "commitment to caring" is what I want to talk about with you today.

The first area of caring I want to emphasize is to encourage you to care about yourself. In this day of narcissism one would not think caring about one's self would be a problem. Maybe, and maybe not. I do not mean being selfish, caring about yourself to the exclusion of others. But I do know that to truly care for others, one must first love and care for himself. You have to genuinely like that person you see in the mirror each day. I want to ask you a few questions:

- § Are you truly happy with your life and your family?
- § Do you have a personal vision for yourself and your family?
- § Do you take time to do what is truly important?
- § Do you have time to meditate, plan, relax, pray and yes, play?
- S Do you spend quality time with your family and friends?



A balanced life requires that each of these elements be equally strong. One cannot choose to ignore any of these ingredients if we want to be fulfilled and sound individuals. An unbalanced wheel on an automobile will result in a bouncy and sometimes dangerous journey when you get up to highway speed. At the pace we seem to live our lives today, an unbalanced life can result in much unrest with sometimes disastrous results. I urge you to do yourself a favor, if you have not already done this; take a step back from the rat race pace of life and really evaluate where you find yourself. Care enough about yourself and others to pursue a life of wholeness and balance. Remember Dr. Pankey's keys to success, which I now take the liberty to amend: love often, worship deeply, work hard, play harder.

Next, we need to care about each other and this organization. There are slightly more than two thousand practicing dentists in this state of roughly four and one half million people. The SCDA has approximately seventeen hundred seventy-five members. We are a very small group. Too often we see each other as competition, where we should see each other as colleagues. Despite what the Member Benefits Group may tell you about all the great benefits it offers SCDA members, I promise you that the best member benefit this organization offers you is the opportunity to build relationships with the people in this very room. Some of the finest people in South Carolina are in our midst. We must care for each other. We must invest in each other. The future of dentistry as a caring profession depends on our working together to help one another be the best we can be.

I told the Pee Dee District members present at our meeting in March that we had lost two former district presidents in the past year. I had the pleasure of eating lunch and talking a long time with Larry Owen at our March 2008 meeting in Florence. Larry was a dental school classmate and a wonderful friend and colleague. He found out just a few weeks after that March meeting that he had cancer. When I found out, I told myself that I needed to call Larry and go see him. In early October, I had just returned from the ADA meeting in San Antonio and was repacking to go on a hunting trip to Canada when I got word that Larry had passed away. A feeling of guilt overcame me as I realized I had not even contacted Larry as I intended. Now it was too late. Because of my hunting trip, I would miss his funeral. So, I wrote Cathy, his wife, a short note expressing my condolences. I am still dealing with a lot of regret for not seeing Larry and thanking him for his friendship and his contributions to dentistry.

At that same March Pee Dee District meeting, I had a long talk with another former presi-



Dr. Charlie Maxwell President

"I promise you that the best member benefit that this organization offers you is the opportunity to build relationships with the people in this very room." dent of our district, Pat Worrell. Pat had been battling cancer for about three years at that time. He told me that it had progressed to the point where nothing seemed to help and he did not think he would live to make another district meeting. In early November I heard that Pat was not doing well and was in the hospital. Determined not to let the same thing happen as I did with Larry, I came back through Florence from an SCDA meeting in Columbia to see Pat. We had a wonderful visit – one I will long remember. It was a special time as I had opportunity to thank him for his friendship towards me and for his contributions to our profession. Pat made me feel a part of the SCDA when I was a young member. We both had tears in our eyes as I told him I loved him and that if I did not see him again in this life, I would see him again someday. I would not trade that visit for anything. Pat passed away in January. Now, I want to get to know as many young practitioners as I can and hopefully be able to be a Pat Worrell in their lives.

Just one more mention of a dental school classmate who has died-Pete Mowlajko, or "Dr. Mow" as he was affectionately called by his patients in Anderson. Pete died in September 2007, also from cancer. A couple of our classmates came up with the great idea of establishing a memorial in Pete's honor and using the proceeds to help his son, Andy, who started dental school last summer at MUSC, fund his education. When contacted to see if I would participate, I was honored and realized again how wonderful the people in dentistry are. I keep the thank you note I received from Patty, Pete's widow, in my desk drawer and read it often when I have a rough day. It really lifts my spirits! You see, all I did was write a check to help this effort to assist Andy with his educational expenses. With the note Patty wrote, she sent part of her heart as she shared some of Pete's dreams for his family. It was so heartfelt and I am blessed to have been part of making these dreams come true. I could go on with other examples of caring people in this organization – there are so many, but time won't allow it.

We must care for ourselves and our families;

We must care for those in our profession and for this organization;

And we must care for those we serve - the people of South Carolina.

Dentistry is not always an easy profession to be in. We all have those days when other careers look appealing. But, the very core of our profession is based on **serving** our patients. We invest so much of ourselves in every procedure we do. We have close contact with our patients and build close relationships with many of them. It is a very rewarding experience to be able to help others. There is a joy that comes from service.

In August 2009 there will be a wonderful opportunity to serve those less fortunate than us at SCDA's first Dental Access Day. We have the North Charleston Coliseum for two days, to treat as many patients as possible who cannot afford good dental care. Thanks to the Virginia Dental Association and the North Carolina Dental Society we should have about seventy-five units from which to operate. They will have some of their members present to help us in this process since this is our first event. Thanks also to the members of the SCDA who have worked so hard to make this day a reality: Carter Brown who heads up the Task Force, Larry Ferguson who is working so hard on the local arrangements, and Ron Hamilton who has involved Seacoast Church as a volunteer base. The mayor of North Charleston has been gracious to donate the convention center to host our event. It will be an opportunity for us to build tremendous good will in the community as we help those in need. It will help create a reputation for the SCDA that we could not buy with the state legislature and public administrators in the Department of Health and Human Services and the Department of Health and Environmental Control. It will strengthen our ties with dental students at MUSC as we work together to benefit these underserved people. This DAD will really demonstrate well beyond words what the SCDA is as an association – one committed to caring. This will be the first of many Dental Access Days, we hope. Please sign up and help – you will be the one who receives the real blessing. If you cannot help and you can make a donation, we need about \$25,000 to underwrite this event.

Winston Churchill once said: "We make a living by what we get. We make a life by what we give." Opportunities abound to give back. The legacy of the SDCA has been for one hundred forty years now one of caring, one of making a difference. We are continuing to write this legacy as we live out our piece of its history. I hope that those who review our accomplishments one hundred forty years from now will be inspired by what we have done.

I want to close my talk with a poem by R.L. Sharpe entitled "A Bag of Tools".

Isn't it strange
That princes and kings
And clowns that caper
In sawdust rings,
And common people
Like you and me
Are builders for eternity?

To each is given
A bag of tools,
A shapeless mass,
A book of rules:
And each must fashion,
Ere life is flown,
A stumbling block
Or a stepping stone.

As individuals, we can probably accomplish more that we give ourselves credit for. As an organization committed to caring we can accomplish more than we can imagine. Let's build some stepping stones for success!

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Executive Director's Notes

Another fiscal year has passed for the SCDA and we are preparing for the upcoming 2009-2010 year under the leadership of newly elected Dr. Charlie Maxwell. There were many accomplishments and some major decisions made by the SCDA during Dr. Jim Mercer's term as President and I would like to recap a few of those.

In July 2008, we began with the traditional planning retreat and had guests from the ADA along with members from all of the SCDA committees and task forces. Goals and challenges were discussed and a game plan set in action. The SCDA continued to sponsor the white coat ceremony at MUSC for the rising Senior class.

In August, the SCDA was notified that it won the Samuel D. Harris National Children's Dental Health Month State Program Award. This would not have been accomplished without the efforts of Dr. Rocky Napier. The SCDA participated in several screenings programs across the state, highlighted by the ones at the SC State Fairgrounds and the Countdown to Kindergarten event at EdVenture.

In September and October, much attention was given to the national side of events as the SCDA is very involved in the 16th District Caucus where leaders from North Carolina and Virginia join our leadership to discuss ADA and state issues to have one unified voice going forward. The SCDA participated in the Southern Leadership Conference and then in the ADA meeting. This past year, we were pleased to see that another one of our own, Dr. Ron Tankersley from Virginia, was elected to the office of ADA President Flect

In November and December, the SCDA was active in committee and task force work. The SCDA Member Benefits Group increased their marketing to the membership to push the services they endorse. The SCDA held its mid year House of Delegates meeting and began the legislative calendar for 2009. A major decision was made by the SCDA to host its first ever mission project known as SCDA's Dental Access Days (DAD).

As the new calendar year came, the legislative calendar was booked with drop-ins, lunches and dinners with key legislators and legislative committees. The SCDA continued its strong presence at each of these events.

In February, the SCDA once again enjoyed successful Children's Dental Health Month and Give Kids a Smile programs headed by Drs. Rocky Napier and Dana Parker. The SCDA continued a very active role in SCDA committee and task force meetings.

In March and April, the main event was the Convention where the SCDA returned to the Embassy Suites at North Myrtle Beach. Many factors led to a drop in attendance, but those who attended were treated to great weather, great speakers and some time to connect with friends.

In May, the SCDA completed its 2009 legislative calendar. Although the SCDA only had one major bill, we were still very involved in maintaining funding for Medicaid and the Rural Dentist Incentive Program. The SCDA was successful in the funding issues, but did lose out on the Community Oral Health Coordinator for which we had worked so hard. We did not take this as a defeat, but only as a set back and we plan to move forward with this legislation again in 2010.

There is not near enough room to speak to all of the issues, activities and events YOUR Association was involved in during 2008-2009, and I feel confident that we will continue to be involved and carry a strong voice in 2009-2010.



Mr. Phil Latham Executive Director

"...we were still very involved in maintaining funding for Medicaid and the Rural Dentist Incentive Program."

Tech Talk By Christy J. Meador

Membership Update Form

If you move (in state or out), get married, retire, or have any changes, please click <u>here</u> for the form, so that we can make the change in our system. This helps us get your dues statement out in a timely manner, saves postage, and makes our membership directory have the most up to date information. If you have already returned this with your 2009 dues statement, thank you.

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SCDA Dental Access Project

SCD.



Volunteer for our first Dental Access Day

Dental care is either unavailable or an unaffordable luxury for many adults living in South Carolina. It is common to find residents with severe pain, discomfort, and embarrassment due to poor oral health. In order to address access to care for many indigent South Carolinians, the South Carolina Dental Association is planning to launch a dental access initiative, DAD, which will primarily focus on adults with the majority of care being extractions and restorative work. We estimate we'll need \$25,000-\$50,000 and at least 100 volunteers to stage our first project.

The project will take place at the North Charleston Convention Center on August 27-29, 2009. Please consider donating your time, talents and/or treasure to help ensure a bright future for good oral health in South Carolina. Just fill out the form below and return it to the SCDA office:

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If you have any additional questions, you may contact Phil Latham at the SCDA office at 803-750-2277 or by email at lathamp@scda.org.

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SCDA Member Benefits Group By Mark K. Brown

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Volunteer Dentists Needed For Adult Clinic

The Lexington County Health Department and the Family Service Center, a United Way agency, have supported and maintained charity dental clinics for many years. The Children's Dental Clinic has flourished for more than 40 years, and the Adult Dental Clinic has been open for two years. Recently, budget cuts have eliminated the funding for the salaried dentist and assistant on staff. Therefore, Diane Bouknight and a cadre of interested dentists are seeking volunteer dentists to serve the indigent adult community of Greater Columbia.

Your help is needed now! First and third Mondays are the scheduled clinic days, and the request for dentists are separated into two shifts, morning and afternoon. The need is great and the dentistry is diverse. Restorative and surgical dental care is the norm. Supplies can also be donated to the clinic. Please call Diane Bouknight, Director, at (803) 553-8494 to enroll or for more information.

Making Waves In Miami By Heather Heaton Barker

The ADA's New Dentist Conference was held this past month in Miami. This meeting allowed new dentists - those who have been in practice ten years or less - to network with their peers and to interact with the current leaders of the ADA. Unfortunately, this conference was the same weekend as the SCDA Annual Meeting. This might explain why a few familiar faces were missing in Myrtle Beach!

The first day of the conference was a series of courses to develop leadership skills. The day began by allowing participants to discuss activities of their state committees, as well as ways to encourage new dentist involvement in organized dentistry. The second part of the day involved an opportunity to participate in a question and answer session with the officers and members of the ADA Board of Trustees.

The next two days offered a variety of continuing education classes that helped to strengthen clinical and practice knowl-

edge. Some of these courses included the following topics: Cone Beam Technology; Five Steps for Practice Success; Treatment Planning and Case Sequencing (in conjunction with the Pankey Institute); Soft Tissue Lesions of the Oral Cavity; Creating Natural, Beautiful Restorations; and Dental Traumatology.

Do not think it was all work though! There was plenty of time to play as well. There was an opening reception that allowed for meeting up with old friends, members of the ADA New Dentist Committee and Board of Trustees. There was also an event the second night sponsored by ADPAC at Jungle Island. Overall, it was a great way to meet fellow colleagues and to see what other states are doing to promote new dentist involvement in organized dentistry.

Dr. Heather Heaton Barker with ADA CND Trustee Dr. Ben Adams





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